

## St Augustine of Canterbury Catholic Primary School

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Dear Parents and Carers,

We are beginning another week of school closure and home learning. I want to again share with you the importance of well-being and maintaining good mental health for yourself and your children.

During this time, it's important that you support and take care of your family's mental health - there are lots of things you can do, and additional support is available if you need it.

The Department for Education have guidance on supporting Children and Young People's mental health during this COVID-19 pandemic. This can be found here: <a href="https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak">https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak<br/>The guidance contains important and useful information to support you and your child. We also have a number of resources available on our website within the 'Home Learning' pencil under PSHE.

I understand that home learning may be challenging for families particularly if you have other children at home or are also working from home. Please remember that the VLE is there to support you and there is no intention that the learning set by the teachers is completed in full. You may wish to solely use the BBC Bitesize/iPlayer and Oak National Academy resources which contain video lessons. Remember we also continue to have subscriptions to Mathletics, Phonics Play and Timestable Rockstars.

As you know, each class has an individual email communication. We have been overwhelmed with messages of support and are very impressed with the children's learning and achievements. Please do email your child's teacher to let them know how your child is getting on and share any of their learning or news. The teachers always email back to praise the children and I'm sure the children enjoy receiving these emails.

Finally, we do not know when the school will reopen to all children and what that will look like. We will continue to follow Government Guidance and inform parents and carers when we have information to share. In the meantime, it is important to keep safe and healthy.

Best wishes Mrs Prestidge Headteacher and Designated Safeguarding Lead













